

Slow, Slow, Stitch, Stitch Requirements List

* Fabrics that are easy to stitch into, a mix of textures (linens, silks, cottons) These could be vintage textiles or a soft range of commercial fabrics. These should be able to cover your cotton muslin with overlapped seam allowances. A mix of both works really well.

* Cotton muslin two pieces 10" x 12" or a piece of *very* fine wadding

* Threads for hand stitching, a mix of different weights of perle thread or stranded embroidery threads. Choose threads that will match your fabrics and will tone and contrast with your fabrics.

* Needles to suit your threads that can be easily threaded.

* Basic sewing kit with scissors, tacking thread, fabric marking pen and pins

A range of patterns will be available for you to trace and use on the day.

Lunch